



Instructions for taking a nasopharyngeal swab

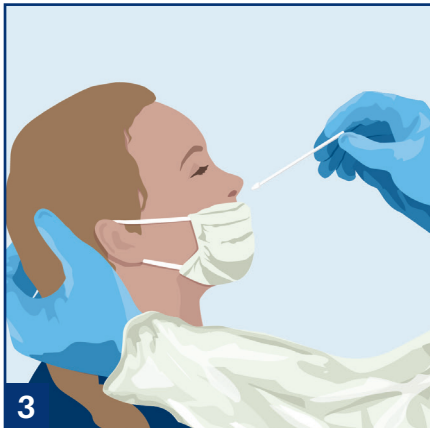
PCR test for the SARS-CoV-2 virus

Tests for the coronavirus (SARS-CoV-2) can be carried out from different types of sample, one of which is the nasopharyngeal swab.



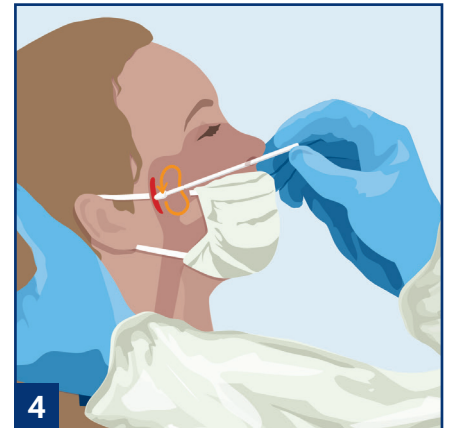
- 1.) The person taking the swab must wear personal protective equipment (gloves, gown, mask, goggles).
- 2.) The patient must pull their mask down beneath their nose and leave it covering their mouth.

The patient must blow their nose and keep a tissue at the ready in their hand (in case of sneezing after the swab).



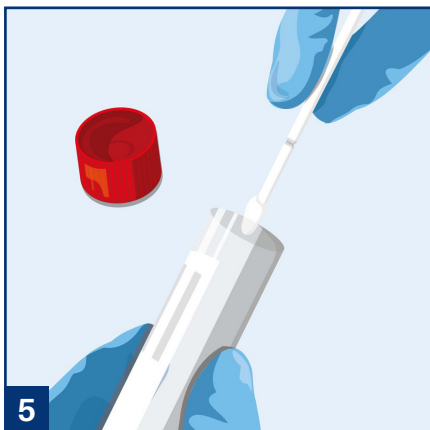
- 3.) Position the patient's head so that their neck is at rest and support it with your non-dominant hand.

Ask the patient which nostril the most air is passing through. Use this nostril to take the swab.



- 4.) Insert the swab deep into the nose almost horizontally along the nasal septum as far as the pharyngeal wall (until you meet a springy resistance or approx. 8 cm deep).

Rotate the swab there for approx. 5 seconds and then remove it.



- 5.) Put the swab into the transport tube.
- 6.) Snap off the stem at the marked snapping point and close the lid.

